

## Informations Piercing



### **That's how it Works:**

For hygienic reasons we use disposable needles in our studios. The needles have a thin plastic hose around the needle; witch is used to place the jewel in the skin canal. They are available in different gauges; witch is picked matching the placement and jewel size.

To avoid self efforts we did not place exact information's to the piercing procedure. Cleanliness of course is first place!!!

That for we work after following principles:

- Strict attention to the hygienic order.
- Piercing only with gloves and sterile instruments.
- Regular controls of our studios by the health office.
- Routine check for 100% functionality of the sterilization.
- Only sterilized jewel is placed in the skin canal.
- Exclusive jewel of appropriate materials.

### **Witch Jewel?**

Titanium is suited for the first jewel. We only use Titanium and we don't apply jewels brought by customers. Titanium grade 1, grade 2, and 6ALV4 correspond to all demands for surgical implants in Germany and the USA. The listed titanium is recommended because they are absolute free of nickel. It is important that the surface of the jewel is smooth so there is no chance for bacteria, lymph and blood to lie down or stick to the piercing jewel.

### **"Punching"**

What is Punching?

For piercings in cartilaginous tissue you have the opportunity to punch (special for the placement of thicker diameters). Assuming faultless tools the technique of punching goes easy on texture, then a extremely sharp needle is used to cut out a peace of texture. A clean cut wound matching the size of the chosen jewel comes into being. The healing of such a piercing (holding on to maximum hygiene) is no problem for a healthy organism.

# Aftercare Piercings

## General care

After getting a piercing cleanliness and care are basics for a normal wound healing. Every skin injury brings the danger of inflammation until the body builds a protective skin around the injury. The risk of getting an infection from a piercing is rare, experience shows that following factors cause the problem

- Touching with dirty hands, oral contact or contact with body fluids
- **Unnecessary** touching or moving the fresh piercing
- Making use of cleaning medicine that the body reacts negative to
- Too less care and wrong treatment. Never move jewel before you did not remove the crust
- Visiting a swimming pool, tanning bed or sauna should be avoided for at least two weeks after the piercing
- Wrong jewel size (like a to long/short stick or to big/small ring)
- Allergic reactions to a wrong material

Until complete healing of the injury, every bodily exercise that causes very profuse sweating should be avoided. Sweat includes and promotes a bacterial infection. By a dirty or dusty place of work you should cover your piercing with a bandage until it is completely healed.

## Care for Bellybutton – Nipple – Eyebrow

- Only touch the piercing with washed hands
  - If you have a crust soak it under the shower
  - Clean it three times a day with a appropriated disinfection and move the piercing up and down
- Spray the disinfection on and around your piercing and move it up and down four to five times so the disinfection also can be effective inside the wound, and the pus can run out. You should also change the bandage once a day. Only use appropriate cleaning fluids because unsuitable products can cause infections and constipate the piercing canal. Even when the piercing is already completely healed you should keep it clean to avoid a later infection. Do not remove the piercing in case of an infection that can make it worse.

In case you have any questions just drop by or give us a call we will help you out.

## Care for oral piercing

These piercings should be treated with a appropriated mouthwash like Esemdent®, Hexoral® or Listerine®. But you should not use too high concentrated mouthwash because that destroys your oral flora. In case you are out and have no mouthwash with you, you can also rinse your mouth with cold mineral water. The next 48 hours after the piercing you should pay attention to following things.

- Do not smoke right away (good chance to stop)
- Cooling for example suck ice cubes or rinse with cold mineral water, primary for a swollen tongue piercing.
- Do not drink or eat anything hot and spicy.
- Do not eat or drink fresh milk products like, yoghurt, cured cheese....

When everything is healed up, you should not play on your teeth with a metal piercing that can damage your teeth. Also you should trade the first jewel against a shorter stick or else it can damage your teeth and your gum. You should also keep controlling that the piercing is 100% closed or else you might swallow or choke parts of the piercing.

## Care for Intimate Piercing

- Soak crust and clean it of the jewel.
- Use a digestible disinfection for mucous membranes.
- Do not wear to tight clothing.
- Do not have unprotected sex until complete healing (danger of infection).